

Japan Karate Shotorenmei - Scotland

In association with Japan Karate Academy Shitokai – and supported by the Scottish Karate Governing Body, present the second of two seminars by:

Dr Niall McFarlane: Lecturer in Integrated Muscle Physiology, Faculty of Biomedical & Life Sciences
Glasgow University: Sports Science Department.

1. Renfrew Leisure Centre 26th February:
2. Dunfermline JKS Honbu Dojo 5th March:

Elite Athlete Support Seminar



Venue

JKS Scotland HQ
24 Dickson Street
Elgin Ind' Estate
Dunfermline
KY12 7SN

Saturday 5th March 2011

3.00 – 5.00pm
Cost: Free



日本空手松涛連盟

Name:

Age:

Grade:

Club:

Address:

Tel:

Declaration & Form of Release: I hereby declare that I am physically and mentally fit to participate in this course. I indemnify the organisers and officials of the said course in respect of any negligence, loss, injury, or damage caused. I fully understand that Karate is a high risk sport and injury is a foreseeable consequence whilst participating in this event.

Sign:

Date:

Parent (If under 16 yrs)

Places are limited: For the Dunfermline seminar contact: Paul Giannandrea on 07850-757524 or info@jksscotland.com