



Scottish Karate Governing Body Ltd

Chairman:

Mr T Connell

Vice Chairman:

Mr H Adam

General Secretary

Mr J. A. Miller.

SUPPORTED BY: **SPORTSCOTLAND**

Widening opportunities Developing potential. Achieving excellence.

Code of conduct for S.K.G.B. members representing the S.K.G.B. abroad

1. Coaches and S.K.G.B. Officials must at all times conduct themselves in a proper and Courteous manner and in the true sprit of Karate-Do
2. All Athletes must conduct themselves in a proper and Courteous manner.
3. Travelling to and from Scotland all athletes must wear Blazer, Flannels, White Shirt and S.K.G.B. tie unless other wise instructed by the National Coach or an S.K.G.B. Official.
4. Athletes travelling abroad or representing Scotland will at all times be under the authority of the S.K.G.B. Coaches and Officials.
5. Athletes representing Scotland will only consume alcohol at the discretion of the Coaches.
6. Athletes will retire at an appropriate time designated by the S.K.G.B. Coaches.
7. If any athlete under 21 years of age wishes to go out after the championships an official must accompany him/her.
8. Athletes must inform the S.K.G.B. Coach and Officials on duty, of any drugs or medication they are taking before entering any Championships.
9. Only squad members, National Coaches and appointed S.K.G.B. Officials will be issued with championships passes.

Dress code

S.K.G.B. tracksuit to worn prior to competing or when in transit to the stadium.

Extreme whether conditions on occasions may require the discretion of the coach staff or S.K.G.B. official.

Behaviour

The S.K.G.B. representative at all times to portray a professional attitude in their general conduct. Public perception will judge your manner and the country you represent. Courtesy and good manners will enhance our reputation at home and abroad.

Hotel / Residence

Squad members are expected to retire to their designated rooms at a reasonable time agreed by the official and coaching staff.

Alcohol

Participating squad members are precluded from alcohol consumption before or during the tournament. At the end of the tournament a relaxation of these guidelines is acceptable to those in the squad who are eligible, although moderation is strongly recommended.

Free time is inevitable on lengthy stays. Nevertheless you are still an ambassador for your country and are expected to conduct yourself in the appropriate manner.

Medication

The current drug testing guidelines show that seemingly harmless cold cures, cough mixtures and paracetamol dosages can result in a positive test. It is incumbent on the individual to inform the coaching staff of any medication they are taking at that time and in the months leading up to the tournament.

Arena

The eyes the Karate world will judge you on two fronts, your technical ability and your etiquette. Courtesy to officials and opponents alike will enhance our reputation and sense of fair play.

Breach of Code of Conduct

Any individual whose actions jeopardise the reputation of this nation or indeed compromise our position with any authoritative body will be the subject of a report to the S.K.G.B disciplinary committee. The S.K.G.B. views any such behaviour in a most serious manner.

Authorised by:

S.K.G.B. Ltd Executive Committee

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**The Scottish Karate Governing Body is a private company limited by guarantee with no share capital:
Company number SC270068**

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