



SHITO - KAI  
Scotland

Newsletter Feb 08

## KUMITE course

# Ticky Donovan 8<sup>th</sup> Dan

England and Great Britain team coach



Ticky was described as the world's most successful coach by the president of the World Karate Federation. He has led the British team to 4 world titles and is a legend in world karate.

**Date:** Sunday March 30th 2008

**Venue:** Renfrew Leisure Centre, Paisley Rd, Renfrew

**Times:** 1pm: Course registration

**Course:** 1.30 - 3pm    3.15 - 4.30pm

**Course fees:**            Seniors   £25                    under 16's   £20

Shitokai have an obligation to provide world class tuition and Ticky comes in to that category. Junior students are invited; however only those juniors whose instructor feels they will benefit from this experience should be encouraged. This course will focus solely on Kumite [sparring] and strategy. The Kata course and Dan grade examinations will be held during Ishimi sensei's course in the autumn.

Regards Terry.

**WEBSITE:** [www.karateshitoryu.co.uk](http://www.karateshitoryu.co.uk)



**Terry Connell 6<sup>TH</sup> Dan Shitoryu**

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