



Jonathan Mottram
5th Dan

- ◆ 5th Place World Championships
- ◆ 3 times Commonwealth Individual Kata Champion
- ◆ 11 times British National Individual Kata Champion
- ◆ 2 Silver & 2 Bronze medals at Europeans Karate Championships
- ◆ Over 30 international titles



LIMITED PLACES AVAILABLE

BOOK EARLY TO AVOID DISAPPOINTMENT

PAYMENT SECURES BOOKING

Karate Fun Ltd proudly presents a

Kata Seminar

Sensei Jonathan Mottram

IS COMING BACK TO SCOTLAND

SATURDAY 14TH & SUNDAY 15TH SEPTEMBER 2013

MARYHILL SPORTS CENTRE, GAIRBRAID AVENUE, GLASGOW

A fantastic opportunity to train with a top World Kata competitor & coach at a 2-day **all styles** kata seminar.

	Saturday 14th September	Sunday 15th September
Session 1 <i>10.00am – 11.00am</i>	Kata Class <i>(Children Only)</i>	Kata Class <i>(Children Only)</i>
Session 2 <i>11.00am – 12.30pm</i>	Kata Class <i>(general class open to all grades)</i>	Kata Class <i>(general class open to all grades)</i>
Session 3 <i>1.00pm – 2.30pm</i>	Kata Class (Shito-ryu) <i>(Shito-ryu based class all grades)</i>	Kata Class (Shotokan) <i>(Shotokan based class all grades)</i>
Session 4 <i>2.30pm – 4.00pm</i>	Kata Class (Advanced) <i>(advanced class all styles)</i>	Kata Class (Advanced) <i>(advanced class all styles)</i>

Session 1 is exclusively for primary school aged children.

Sessions 2, 3 and 4 are aimed at secondary school age children and adults However, younger children aged 8 years and over are welcome to attend these sessions providing their instructor has given their permission.

For more information about the Seminar and Sessions please email admin@karatefun.co.uk

or visit: www.karatefun.co.uk

see us also on Facebook: www.facebook.com/karatefunltd



Not only is Sensei Jonathan Mottram the English Karate Federation Kata Coach he is also one of the world's top Kata competitors and coaches.

Given the success of his recent Karate Fun Kata seminars, Jon is becoming a regular visitor to Scotland. This seminar is ideal for students who are keen to improve their own understanding and performance of kata; irrespective of their style.

You will gain a unique insight into the training methods, routines and practices that have led to the success that Jon and his students have achieved over recent years. All sessions are suitable for students of any style; including session 3 on both days where Jon will focus on teaching a kata for one particular style.

We look forward to welcoming you onto the Seminar with Sensei Jonathan Mottram.

*Karate Fun Ltd
is proud to sponsor
Jonathan Mottram*



*Booking forms can be
downloaded from
www.karatefun.co.uk*

Seminar Fees	Child		Adult	
	(ages 5-15)		(16+)	
	One	Both	One	Both
Session 1—children	£7	£12	n/a	n/a
One session	£8	£15	£13	£25
Two sessions	£15	£25	£25	£40
All Three sessions	£20	£35	£35	£50

Karate Fun will also be selling a range of their products & other goods at the seminar. If you would like to order in advance to collect on the day please contact us.

**PLEASE NOTE: PAYMENTS ON THE DAY WILL INCUR A
£10.00 LATE BOOKING FEE PER PERSON**