# East Whitburn Karate Club

Members of the Scottish Karate Federation and Scottish Karate Governing Body Eastwhitburnkarate@gmail.com

> Mr Danny Kilpatrick 13 Preston Terrace Linlithgow West Lothian EH49 6HU

East Whitburn Karate Club Children's Open Kumite Championships Sunday January the 26<sup>th</sup> 2014 Stoneyburn Community Centre

Dear Instructor,

I would like to take this opportunity to invite you and your young pupils to the above event on the  $26^{th}$  January 2014, start time 9 am prompt. Entry for competitors £10, Spectators: adult £4, children £2.

This event will once again be held at Stoneyburn Community Centre, Stoneyburn, West Lothian EH47 8BY

Please make cheques payable to East Whitburn Karate Club and post to me at the above address.

Entries can be posted to me on the above address or emailed to me on Kilpatrickd98@aol.com

#### **Competition rules**

Compulsory......Gum shields must be used and all competitors must make sure that they have one with them on the day.

All competitors must have their own hand mitts.

Instructors should make sure that all their pupils are equipped with these.

Check in times will be 30 minutes prior to start time.

#### Categories will be as follows

Coloured Belts	<u>Kyu Grades</u>	Start Times
Cat Peewee under 3 ft 9	Din N/A	9am
Cat (A). Under 4ft	Cat (1). Under 4ft	9.30am
Cat (B). Under 4ft 5in	Cat (2). Under 4ft 5in	10am
Cat (C) Under 4ft 10i	n Cat (3). Under 4ft 10in	11am
Cat (D). Under 5ft 2in	a Boys Cat (4). Under 5ft 2in Bo	bys 12noon
Cat (E). Under 5ft 2in	Girls Cat (5). Under 5ft 2in Gi	rls 1.00pm
Cat (F) Over 5ft 2in I	Boys Cat (6). Over 5ft 2in Boy	ys 1.30pm
Cat (G). Over 5ft 2in G	Girls Cat (7). Over 5ft 2in Girl	ls 2.00pm

## Please note categories may change on the day.

Look forward to seeing you all

Danny EWKC Parents,

#### Categories will be as follows

## Please note categories may change on the day

Coloured Belts	Kyu Grades	Start Times
Cat Peewee under 3 ft 9in	N/A	9am
Cat (A). Under 4ft	Cat (1). Under 4ft	9.30am
Cat (B). Under 4ft 5in	Cat (2). Under 4ft 5in	10am
Cat (C) Under 4ft 10in	Cat (3). Under 4ft 10in	11am
Cat (D). Under 5ft 2in Boys	Cat (4). Under 5ft 2in Boys	12noon
Cat (E). Under 5ft 2in Girls	Cat (5). Under 5ft 2in Girls	1.00pm
Cat (F) Over 5ft 2in Boys	Cat (6). Over 5ft 2in Boys	1.30pm
Cat (G). Over 5ft 2in Girls	Cat (7). Over 5ft 2in Girls	2.00pm

## CHECK IN TIME IS 30 MINUTES BEFORE START TIME

Although we try our best, the start times are approximates and depending on how quickly categories finish will depend on further sections starting. Everyone will be working hard to make sure we run as best we can and would appreciate your patience but as always the start time are approximates.

Also please complete the slip below and return it to the child's instructor.

Yours Sincerely

Danny Kilpatrick (EWKC)

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Students name	_Height
Address	C

Contact telephone number\_\_\_\_\_ Parents Signature\_\_\_\_\_