

## BKF Four Nations Championships 2023

April 8<sup>th</sup> and 9<sup>th</sup> 2023

Ravenscraig Regional Sports Facility, 1 O'Donnell Way, Wishaw,  
Motherwell ML1 2TZ



Contact BKF Tournament Organiser, Raj Bhardwaj

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British Karate Federation [www.britishkaratefederation.co.uk](http://www.britishkaratefederation.co.uk)

Saturday April 8<sup>th</sup> 2023

KATA - INDIVIDUAL			
Category	Code	Category	Code
Girls Kata 7-9 years	KA01	Boys Kata 7-9 years	KA04
Girls Kata 10-11 years	KA02	Boys Kata 10-11 years	KA05
Girls Kata 12-13 years	KA03	Boys Kata 12-13 years	KA06
KATA - PAIRS TEAM			
Category	Code	Category	Code
Girls Kata 7-9 years	KA07	Boys Kata 7-9 years	KA10
Girls Kata 10-11 years	KA08	Boys Kata 10-11 years	KA11
Girls Kata 12-13 years	KA09	Boys Kata 12-13 years	KA12
KATA - PARA INDIVIDUAL - ALL AGES			
Category	Code	Para Category Description	
Para Kata intellectually impaired - all ages	KA13	Athletes must have an IQ of 75 or lower on standard tests, having originated before the age of 18. Evidence of significant limitations in adaptive behaviour as expressed in conceptual, social, and practical adaptive skills.	
Para Kata intellectually impaired - all ages	KA14	Athletes who have an intellectual impairment and Down Syndrome as caused by extra genetic material in chromosome 21'.	
Para Kata intellectually impaired - all ages	KA15	Athletes who have Autism or Autism Spectrum Disorder (ASD): A full-scale score of IQ of above 75, and/or no diagnosis of intellectual impairment (evidence of functioning cognitively at average or above average levels). A formal diagnosis of autism, ASD or Asperger's syndrome, carried out by a qualified practitioner using accepted diagnostic techniques.	
Category	Code	Category	Code
Blind/visually impaired - U18	KA16	Wheelchair users - 18+	KA19
Blind/visually impaired - 18+	KA17	Standing Class - U18	KA20
Wheelchair users - U18	KA18	Standing Class - 18+	KA21
KUMITE - INDIVIDUAL			
Category	Code	Category	Code
Girls Kumite 7-9 years -25kg	KU01	Boys Kumite 7-9 years -25kg	KU07
Girls Kumite 7-9 years +25kg	KU02	Boys Kumite 7-9 years +25kg	KU08
Girls Kumite 10-11 years -35kg	KU03	Boys Kumite 10-11 years -35kg	KU09
Girls Kumite 10-11 years +35kg	KU04	Boys Kumite 10-11 years +35kg	KU10
Girls Kumite 12-13 years -40kg	KU05	Boys Kumite 12-13 years -45kg	KU11
Girls Kumite 12-13 years +40kg	KU06	Boys Kumite 12-13 years +45kg	KU12
KUMITE - TEAM			
Category	Code	Category	Code
Girls Team Kumite (3) 7-9 years	KT01	Boys Team Kumite (3) 7-9 years	KT04
Girls Team Kumite (3) 10-11 years	KT02	Boys Team Kumite (3) 10-11 years	KT05
Girls Team Kumite (3) 12-13 years	KT03	Boys Team Kumite (3) 12-13 years	KT06

KATA - INDIVIDUAL			
Category	Code	Category	Code
Female Cadet Kata	KA22	Male Cadet Kata	KA28
Female Junior Kata	KA23	Male Junior Kata	KA29
Female U21 Kata	KA24	Male U21 Kata	KA30
Female Senior Kata	KA25	Male Senior Kata	KA31
Female Veteran Kata	KA26	Male Veteran Kata	KA32
Female Super Veteran Kata	KA27	Male Super Veteran Kata	KA33
KATA - TEAM			
Category	Code	Category	Code
Female Cadet & Junior Team Kata	KA34	Male Cadet & Junior Team Kata	KA36
Female Senior Team Kata	KA35	Male Senior Team Kata	KA37
Female Veteran Team Kata	KA38	Male Veteran Team Kata	KA39
International Kata Teams	KA48		

Sunday April 9<sup>th</sup> 2023

KATA - PAIRS TEAM			
Category	Code	Category	Code
Female Cadet Pairs Kata	KA40	Male cadet Pairs Kata	KA41
Female Junior Pairs Kata	KA42	Male Junior Pairs Kata	KA43
Female Senior Pairs Kata	KA44	Male Senior Pairs Kata	KA45
Female Veteran Pairs Kata	KA46	Male Veteran Pairs Kata	KA47

CADET KUMITE			
Category	Code	Category	Code
Female Cadet Kumite -47kg	KU13	Male Cadet Kumite -52kg	KU16
Female Cadet Kumite -54kg	KU14	Male Cadet Kumite -57kg	KU17
Female Cadet Kumite -61kg	KU15	Male Cadet Kumite -63kg	KU18
Female Cadet Kumite +61kg	KU54	Male Cadet Kumite -70kg	KU19
		Male Cadet Kumite +70kg	KU20

JUNIOR KUMITE			
Category	Code	Category	Code
Female Junior Kumite -48kg	KU21	Male Junior Kumite -55kg	KU25
Female Junior Kumite -53kg	KU22	Male Junior Kumite -61kg	KU26
Female Junior Kumite -59kg	KU23	Male Junior Kumite -68kg	KU27
Female Junior Kumite -66kg	KU24	Male Junior Kumite -76kg	KU28
Female Junior Kumite +66kg	KU55	Male Junior Kumite +76kg	KU29

U21 KUMITE			
Category	Code	Category	Code
Female U21 Kumite -50kg	KU30	Male U21 Kumite -60kg	KU35
Female U21 Kumite -55kg	KU31	Male U21 Kumite -67kg	KU36
Female U21 Kumite -61kg	KU32	Male U21 Kumite -75kg	KU37
Female U21 Kumite -68kg	KU33	Male U21 Kumite -84kg	KU38
Female U21 Kumite +68kg	KU34	Male U21 Kumite +84kg	KU39

SENIOR KUMITE			
Category	Code	Category	Code
Female Senior Kumite -50kg	KU40	Male Senior Kumite -60kg	KU45
Female Senior Kumite -55kg	KU41	Male Senior Kumite -67kg	KU46
Female Senior Kumite -61kg	KU42	Male Senior Kumite -75kg	KU47
Female Senior Kumite -68kg	KU43	Male Senior Kumite -84kg	KU48
Female Senior Kumite +68kg	KU44	Male Senior Kumite +84kg	KU49

VETERAN KUMITE			
Category	Code	Category	Code
Female Veteran Kumite Open	KU50	Male Veteran Kumite Open	KU51
Female Super Veteran Kumite Open	KU52	Male Super Veteran Kumite Open	KU53

SENIOR KUMITE			
Category	Code	Category	Code
Female Cadet Team Kumite (3)	KT07	Male Cadet Team Kumite (3)	KT10
Female Junior Team Kumite (3)	KT08	Male Junior Team Kumite (3)	KT11
Female Senior Team Kumite (3)	KT09	Male Senior Team Kumite (3)	KT12



## DEMONSTRATION CATEGORY

### HOME NATIONS KATA TEAMS

With a view to affording our national teams an opportunity to stress test their Kata under competition conditions, we will host a demonstration category (with separate medals):

- Home Nations Kata Teams (teams need to be from the same country).
- Male or female teams are welcome.
- Any age from 14 years is welcome.
- Bunkai is an option in the final only - as long as both teams wish to proceed on this basis.

## WITH THANKS TO OUR SPONSORS

The British Karate Federation would like to thank our sponsors for the BKF Four Nations Championships 2023:





## IMPORTANT NOTES

### Photography and Recording

The BKF plan to engage a photographer who will take action shots of the competitors. Video and photographs will be taken at the event for promotional purposes, however should anyone have a concern please contact the event organiser prior to the event.

### IMPORTANT NOTES FOR COACHES:

**For BKF members, only NGB accredited coaches are permitted in the Tatami area and must display their accreditation badges upon entry. If the badge is not shown, a spectator fee will apply.** Anyone wishing to coach at the Tatami must have NGB accreditation to verify that they are aware of the required rules, responsibilities and expected conduct. **Without this accreditation a coach pass will not be issued by the event organiser to BKF members.**

### Coach: Dress code:

Coaches must be in association tracksuits and clearly display their coaching ID badge. Inappropriate dress, as deemed by the Chief Referee, will be refused access to the competition area. Only coaches adhering to the correct dress code and in possession of a coaching pass will be allowed on the competition area.

### Coach: Medical

We record every injury that gives us the slightest concern, however symptoms often occur after the incident and we would ask that the coach or representative informs the medical team of any concerns he or she has at the time of the incident, or any time after, no matter how trivial it may seem.

### We fully intend to have Repechage for CADETS, JUNIORS and SENIORS Individual Kumite and Kata.

However, the Chief Referee has the authority to withdraw repechage if the time frame becomes critical. *Competitors can only compete in their own categories and cannot move up to compete in another category. In the unlikely event of low category entries the organisers reserve the right to amalgamate categories.*

**Insurance:** It is the responsibility of each individual, or parent / guardian of a competitor if under 18 years of age, to have their own insurance cover for the event. Please advise your competitors accordingly regarding insurance cover. It is the responsibility of the clubs/coaches to ensure that all competitors are aware of this and have been advised of adequate cover. Association/club parental consent to compete is also required. This is the responsibility of the association.

Health and Safety issues have been discussed and we try to plan for every eventuality. However, this is a busy tournament and due care and attention is required in all areas. Would all coaches/parents ensure that their children are properly chaperoned. Karate matches are performed in bare feet; please ensure proper footwear is used in the arena and surrounding areas, especially approaching the mats.

**Disclaimer: Karate is a martial art and contact sport. People can and do get injured and we cannot accept responsibility for any such injury, loss or accident arising from your participation in our training, competitions or associated activities and ask that you are aware, agree and accept this by entering or giving permission to enter this event. We should also be notified, in writing, of any medical condition that may have relevance to their participation in Karate.**

If you require any further information or assistance, then please contact the Tournament Organiser Raj Bhardwaj via [tournaments@britishkaratefederation.com](mailto:tournaments@britishkaratefederation.com)





## All Competitor & Coach Registration is via Sportdata

All entries are online only via Sportdata. For registration please visit: [www.Sportdata.org](http://www.Sportdata.org)

It is the responsibility of coaches to ensure that all competitors are registered and are in the correct categories. Competitors are only allowed to compete in their own age/weight category and are not allowed to move up a category. Entries will only be accepted via your coach/association and not from individuals.

Coach Registration: All coaches must register on-line via Sportdata before the closing date. Coach passes will only be issued to coaches who are NGB accredited (for BKF members) and registered via Sportdata (for international and non-WKF coaches).

Volunteers can also register via Sportdata. Volunteers will be provided with: a BKF Official polo shirt; lunch; tea / coffee and an excellent vantage point to watch the Championships.

## Entry fees

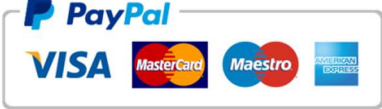
Competitor	
Individual events	£30
Team events (2-3 person)	£40

Spectator entry fees	
Family pass – weekend (2 adults and 2 children)	£50
Adult - 2 day pass	£15
Adult - 1 day pass	£11
Children - 16 yrs / concession - 2 day pass	£10
Children - 16 yrs / concession - 1 day pass	£6

**The closing date for entries and payment of entry fees is Sunday 2<sup>nd</sup> April 2023**

No late entries permitted. Payment should be made at the time of entry. However, if entry fees are not received by the closing date entries will be removed from the draw.

Please ensure that if paying by BACS you have an identifying reference against your payment i.e. club / association name. Please also provide a receipt or confirmation of your BACS payment to the organiser via [tournaments@britishkaratefederation.com](mailto:tournaments@britishkaratefederation.com)

<p><b>All payments should be made using the PayPal link via Sportdata. This is the preferred method of payment.</b></p> 	<p>Or by BACS payment direct to:</p> <p>Bank: Santander            Name: British Karate Federation            Account number: 15891790            Sort code: 09-01-29</p>
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## Publication of the draw and timeline

**A first draft of the draw will be published on Monday 3<sup>rd</sup> April 2023 via Sportdata.** Coaches will be invited to check for any errors (these usually involve a change in weight category). A new draw will follow any addition / subtraction of an athlete in a given category.

**The timeline for the Championships weekend will be published on Tuesday 4<sup>th</sup> April 2023 on Sportdata.**

## Finals and Medals

Each category will run straight through to the final and medals will be announced and awarded on the mats immediately after each category.

## Rules of the day

**The doors will open at 7:30am and the event will start 8.30am prompt** both days. Later in the day, (i.e. for categories starting from 10am onward), athletes should aim to arrive at least two hours before they are scheduled to compete.

Should the event run ahead of schedule category start times may be brought forward. Competitor check-in will be carried out prior to each category starting.

**Kata** - there will be no Kata Bunkai required (with the potential exception of the final of International Kata Teams).

With a view to smooth and timely running of this championships, Kata will be judged using the flags system.

13 years and under - alternate Katas; for individuals, pairs and teams.

13 years and under - AKA and AO will perform their Kata simultaneously i.e. on an area at the same time.

**Kata and Kumite for 14 years and above** will be held under WKF rules, which will be strictly applied (other than the flags system for Kata being deployed and Kumite team categories will have 3 athletes, with a minimum of two permissible).

**Kumite weigh in:** We will operate spot weight checks. Any competitor found not to be the correct weight for the category they have entered will not be allowed to compete. We cannot move competitors to another weight category if they fail the weight checks. Athletes competing on the Sunday may volunteer to weigh in on the Saturday by reporting to the Tournament Organiser.

**Pairs & Teams:** All members of team must be from the same club/association.

**Compulsory protective wear:**

Red/blue foot protection and hand mitts, as well as gum shields are compulsory for all.

Body protectors and chest guards are compulsory at 12 years and above.

14 years and above – all females must wear a chest protector.

Anyone with braces on the lower teeth **MUST** have a full upper and lower gum shield.

**BKF Chief Referee: Mr Dale Gamble: REFEREES' BRIEFING 8.00am**

## Housekeeping

**Bags and equipment** should not be left where they potentially present a trip hazard. Nor should they be left at the side of the Tatami whilst competing.

Spectators in the seating area should remain seated. Spectators should not stand by the barriers adjacent to the Tatami as this blocks the view of seated spectators and causes a potential health and safety hazard.

## Official Hotel

The BKF recommends the following hotel, which is four miles from the competition venue:  
HOLIDAY INN EXPRESS HAMILTON, Keith Street, Hamilton, ML3 7BL

## Athlete Operating Procedure

Each category (or pool of a category) is scheduled to run on a specific Tatami. The category will be clearly announced over the public address system and the athletes in that category should then make their way to the corresponding holding area (i.e. if you're scheduled to be on Tatami 1 – wait in holding area 1).

Holding areas for each Tatami will be clearly designated in the area adjacent to the Tatamis, behind the barrier. Coaches should ensure that their competitors have assembled in the correct holding area.

A Tatami Official will then collect the competitors, one by one for each match. The first visit for any category (or pool) will select competitors for the current bout plus next bout. Bout competitors will then take a seat in the allocated area awaiting their bout.

Coaches should consult the available draw sheets to determine the competitor position in the draw. (This is available via Sportdata and is also displayed within the arena area.)

Please note that once called, competitors should remain within the **holding area** to ensure that they do not miss their bout. It is the coaches' responsibility to have competitors available for the bout as it is called.

Compliance with the above procedure will help to maintain a constant flow and avoid competitors missing their bouts. Your support in this procedure is appreciated.

