



Stay Safe & Have Fun In Sport

When you take part in sport, you have the right to have fun and stay safe.

If this isn't happening - or you're worried about something - you could speak to an adult who you know and trust such as a coach / parent / teacher / the child wellbeing and protection officer at your club.

If there isn't someone you feel that you could talk to, you can contact **ChildLine** in Scotland on **0800 1111** any time day or night. It's a free* and confidential helpline for children and young people who need someone to speak to. It's confidential because you don't need to tell them who you are if you don't want to.

*if you are calling from a mobile phone, some network providers may charge you.

Your club:

is committed to making sure this happens.

The Child Wellbeing and Protection Officer at the club is:

Further Information:



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You can find help, advice and resources at:
www.children1st.org.uk

Children 1st Registered Office: 83 Whitehouse Loan Edinburgh EH9 1AT
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Child Wellbeing
& Protection in Sport

sportscotland
the national agency for sport