

# The Scottish Karate Governing Body Limited

## First Aid and Treatment of Injuries

Sports volunteers/staff running an event or activity must be made aware of any pre-existing medical conditions, or medicines being taken by participants or existing injuries and treatment required. This information can be shared by parents/carers completing a *Partnership with Parents/Carers Form* before their child participates in sport.

The following guidelines should be followed:

- Have an accessible and well-resourced first aid kit and a working telephone at the venue.
- Where possible, access to medical advice and/or assistance should be made available.
- Only those with a current, recognised First Aid qualification should treat injuries.
- Inform parents/carers as soon as possible of any injury and action taken.
- A Significant Incident Form should be completed if a child sustains a significant injury and the details of any treatment given recorded. Good sense or sport specific guidance should be used to determine which injuries are significant.
- The circumstances of any accidents that occur should be recorded, reviewed, and steps taken to avoid it happening again.
- Attention should be taken to the feedback from the child/young person to ensure the relevant wellbeing indicators have been covered.