

# The Scottish Karate Governing Body Limited

## Attend Relevant Training

Adults volunteering/working with children and young people should attend child wellbeing and protection training

Any adult who regularly works with children and young people in sport may be the person that they choose to tell about something happening in their life that is impacting on their wellbeing. It is vital that adults know how to respond and know how to share information with those who can help. As well as giving adults a basic awareness of what to do if they're concerned about a child or young person, appropriate training helps build confidence and knowledge in keeping children and young people safe.

### Training workshops

There are two national training courses that focus specifically on child wellbeing and protection in a sport setting. Attendance at these courses is strongly recommended as they are sport specific. There are other introductory child wellbeing and protection courses available from Child Protection Committees, local authorities and private/third party providers.

### Child Wellbeing and Protection in Sport (CWPS) Workshop

This training will provide you with the knowledge on child wellbeing and protection that will give you the confidence to deal with issues that may arise in your role working with children and young people.

#### Suitable for:

18 years+ who are in regulated work, delivering or leading sporting activities.

#### Course Content:

##### Module 1

This is an eLearning module introducing you to the basic theory, knowledge and practice which underpins child wellbeing and protection in sport. On average it should take around 30 minutes to complete the module and you must complete this module before attending Module 2.

By the end of Module 1 learners will be able to:

- Understand what is meant by 'child wellbeing and protection'
- Recognise the value of a child-centred approach to child wellbeing and protection
- Identify good practice in relation to child wellbeing and protection and how this impacts the sports environment
- Recognise the legislative and policy framework around child wellbeing and protection
- Identify and respond to possible child wellbeing or protection concerns
- Identify the limits of your safeguarding role and know when to get support.

Module 1 must be completed before attending Module 2.

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## Module 2

This is a three-hour face-to-face training course led by one of **sportscotland's** approved tutors. Learners must complete both modules to gain the CWPS qualification and receive their certificate.

By the end of Module 2 learners will:

- Be introduced to the Spectrum of Practice and use it to consider, evaluate and respond to common coaching scenarios
- Receive an introduction to the factors that create a culture of poor practice
- Identify barriers to disclosure
- Cover the process for responding to concerns about the wellbeing of children/young people
- Put the responding to concerns process into practice to deal with complex cases.

## Child Wellbeing and Protection Officer (CWPO) Workshop

This is a three-hour face-to-face workshop suitable for individuals responsible for leading their club or organisation in the wellbeing and protection of children and young people.

### Suitable for:

Child Wellbeing and Protection Officers or those in a similar role who are aged 18+ years. Learners must have completed both modules of the Child Wellbeing and Protecting Children in Sport (CWPS) course.

### Course Content:

The workshop will provide the opportunity for Child Wellbeing and Protection Officers and others in leadership roles to consider, in more detail, the type of wellbeing and protection concerns that may arise for children and young people within, or outside the club environment and how to respond effectively.

Learners will also explore the different roles and responsibilities for child wellbeing and protection within a club and what practices and procedures a club can implement to help safeguard children and young people.

By the end of the workshop learners will be able to:

- Confidently assess the suitability of an individual to work with children and young people
- Understand legal responsibilities relating to PVG checks or referrals to Disclosure Scotland and identify who is responsible for this in their setting
- Understand the duties and responsibilities of the various roles within a club in relation to child wellbeing and protection
- Respond effectively to wellbeing and protection concerns that may arise in or outside the club environment
- Recognise ways in which the culture of a sports organisation influences the wellbeing and protection of children and identify methods for affecting cultural change in this important area.

### More Information

It is important that knowledge is kept up to date and opportunities for this are made available. Subscribing to the Children 1st CWPS newsletter will inform subscribers of the latest, policy, legislation and practice guidance. Attendance at other relevant training or information sessions is a good way to

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contribute and keep up to date. Adults working with children and young people should attend CWPS or equivalent every three years.